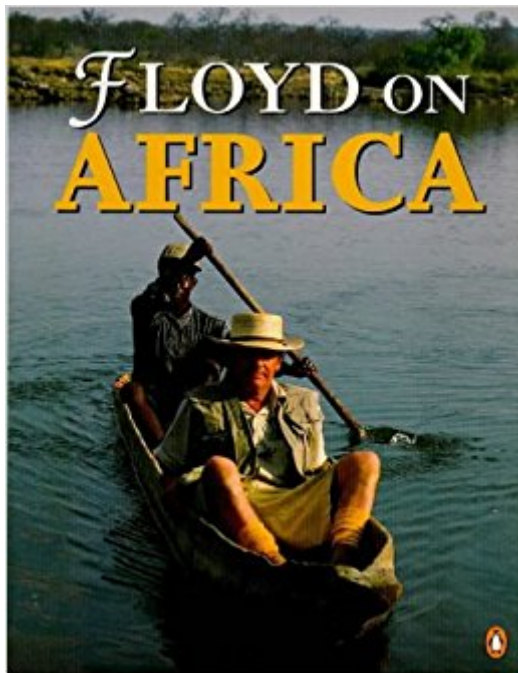


The book was found

Floyd On Africa



Synopsis

Chronicles the author's cooking, eating and travelling tour of Zambia, Zimbabwe, Madagascar, South Africa and Lesotho. The joys and difficulties of creating satisfying meals from the local produce are detailed.

Book Information

Paperback: 224 pages

Publisher: Penguin UK (June 1999)

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Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #6,833,456 in Books (See Top 100 in Books) #33 in Books > Travel > Africa > Lesotho #99 in Books > Travel > Africa > Zambia #102 in Books > Travel > Africa > Madagascar & Comoros

Customer Reviews

I just finished reading this delightful African travel and cooking book and I also just finished tonight's meal which was a curry from this book, inspired by the cooking of Madagascar. Tomorrow I must return the book to the local library from which I was lucky enough to obtain this copy. I think it is selling for \$150.00 on the used book site so I consider myself lucky that a South African migrant friend pointed it out to me. About a month ago I finished Theroux's "Dark Star Safari: A Journey Through Africa" so I was interested in seeing the two very different approaches taken by the respective authors to the Africa through which they journeyed. Both saw Africa through massively different eyes and as a result the lucky reader is able to mentally glue both impressions together and arrive at a reasonable picture of a continent I unfortunately will never see. Floyd's anecdotes provide for a quick, extremely pleasant read and his recipes and cooking observations contribute to this excellent book. Although he drew inspiration for his dishes from the areas through which he traveled, Floyd would be the first to admit that the people of these countries would rarely be able to afford the ingredients for the particular dish he was preparing. Floyd used the recipes in this book as part of cooking demonstrations for a British TV channel. I am sure that most of the recipes are of Floyd's own devising; however, that in no way detracts from the book's African theme because the

ingredients, if not directly attributable to the cooking of the particular region, at least derives its inspiration from historic product availability because of trade or European imperialism or foreign migration. For instance as he points out, there is a great Indonesian population and therefore influence in Durban, South Africa. If you have an interest in Floyd's vision of his contemporary African environment or its foods, cooking and recipes, then you owe it to yourself to try and locate this marvelous book.

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